ars **Edition** ...brings special moments

Gift Books

Rights Catalogue Fall 2022

Our bestsellers



Antoine de Saint-Exupéry The Little Prince 32 pages • 21,7 × 26,6 cm • German Retail Price: € 12,99 Linen Spine and Foil Stamp Age: 4+ ISBN 978-3-8458-1690-6 Sold to: Romania, Spain (Castilian, Catalan)



Happy mottos for everyday heroines 51 pages • 7,2 × 10,3 cm • German Retail Price: € 7,99 ISBN 978-3-8458-3241-8



Christian Hanne Daddy ante Pampers 96 pages • 12,4 × 17,8 cm • German Retail Price: € 10,00 ISBN 978-3-8458-3096-4



Antoine de Saint-Exupéry The Little Prince - 50 cards for every day 51 pages • 7,2 × 10,3 cm • German Retail Price: € 6,99 ISBN 978-3-8458-3627-0



Jan Kuhl Making Marriage Is Sooo Great 48 pages • 20,5 × 15,5 cm ISBN 978-3-7607-3296-1



good mood 51 pages • 7,2 × 10,3 cm • German Retail Price: € 7,99 ISBN 978-3-8458-3225-8



I don't give a damn, I'll leave it like that 96 pages • 12,4 × 17,8 cm • German Retail Price: € 10,00 ISBN 978-3-8458-2494-9



99 wonderful silly ideas for your life together 96 pages • 12,4 × 17,8 cm • German Retail Price: € 10,00 ISBN 978-3-8458-2504-5



Melanie Garanin Left with light 48 pages • 25,0 × 25,0 cm • German Retail Price: € 15,00 ISBN 978-3-8458-4350-6

Balance every day!

High-quality edition: 208 pages full of knowledge and inspiration in an aesthetic design

Perfect gift idea for any occasion

Happiness, gratitude, mindfulness - yoga brings all of this a little closer to you. This informative and decorative illustrated book by yoga and mindfulness teacher Stefanie Kathi Baader gives joy to all yoga fans, whether beginners or advanced.



Mamaste - DIE YOGISCHE GRUSSFORMEL







Stefanie Kathi Baader, Anna Wassmer (Ill.) Find your happiness with yoga 208 pages • 22,0 × 27,0 cm • German Retail Price: € 25,00 ISBN 978-3-8458-4951-5

ERDUNG & BALANCE

Say what you mean: a mindful approach to happier communication

Interesting and entertaining: with the author's personal experiences and insights

Added value through many extras: with info boxes to deepen knowledge and practical exercises



The trainer and coach for non-violent communication Stefan Bukacek shows helpful tips, tricks and methods on how to better recognize, classify and express your own feelings and needs. At the same time, he provides skills on how to deal with the emotional reactions of the other person in a mindful way.

Stefan Bukacek, Marielle Enders (Ill.) Mindful communication for beginners! 112 pages • 15,3 × 21,5 cm German Retail Price: € 15,00 ISBN 978-3-8458-4955-3

AM ANFANG WAR DAS WORT. UND DAS WORT WAR BEI DIR

arum gehra hier. Was Braucht es mgentlich, um achtaam zu sagen, was ch nervt oder was dein Leben stiwas glücklicher machen worde? Und as int eigentlich dieses Achtaem, von dem offen under machen worde? Und

Wenn eine Pflange nicht so wächst, wie es die gefällt, bestraßet du sie dann in der Hoffnung, dass sie besser wächst?«

Dieses Zität stammt von dam Paguhologen und Pinnier in Sachen gewah freie Kommunikation Manshall B. Rosenberg (1934 – 2025). Wend du ooch mehr über Rosenberg erfahrer weitst, findest du and du ooch

WIE PASSY BER GRAAMEE IN BEIN LEEEN? - Auf welche Art und Wei bringst du andere dazu dere ein sich Wenn du schan mal ätzende Auseinandersstrungen mittekommen hast kennat die die Frage sichers Wie kann es sain, daas Menachen mit die ole mit anderen Menachen manchmal richtig doof omgehen? Wieso göt es immer wieder Stress imd Misseverlindense und schwelande, generat Konflätzt Und wie kenn ich selbet was tau, damit die has nicht damense and es Bacie habe?

EINE ERSTE ANTWORT DARAUF IST Alles, was menschen tun, tun sie mit einer Positiven Absicht für sich seibst

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50 motivational cards for more self-love

- Playfully learn self-love: draw a card every day and easily boost self-esteem and self-acceptance
- Personalized gift to feel good: with this souvenir you bring joy to everyone who is close to you and also to yourself



All bodies are beautiful! 51 pages • 7,5 × 10,5 cm • German Retail Price: € 7,99 ISBN 978-3-8458-4956-0



Acting smart in difficult situations! 51 pages • 7,5 × 10,5 cm • German Retail Price: € 7,99 ISBN 978-3-8458-4957-7

You are beautiful! These cards are a loving reminder to yourself: for more self-care, a better body image and a conscious life.



WAS HEISST EIGENTLICH ZIVILCOURAGE?

Wenn man der primären Bedeutung der Begriffe »Zivil« und »Courage» nach geht. heißt es. dass sich zivile Personen – also ganz normale Bürgerinnen (im Gegensatz zum Staat oder Militär) – mutig, also satz zum Staat oder Militär) – mutig, also couragient, für ethische Werte und Normen einsetzen. Vereinfacht ausgedrückt, bedeutet es also Bürgermut oder Bürgerinnenmut.



In this card set you will find important information, tips and impulses to make a difference in everyday life and to prove civil courage. The cards were created in cooperation with the association "Civil courage for everyone" and are based on its guiding principle: Small steps instead of heroic deeds!

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- Beautiful design: 50 stylish designed cards, which also look perfect as decoration
- Inspirational gift idea: for your bestfreind, colleague, mother or sisier and of course a great gift for yourself!











Petra Braun (III.) **Brave as Rosa Parks and other strong women** 7,5 × 10,5 cm ■ 50 cards German retail price 7,99 € ISBN 978-3-8458-4993-5



Petra Braun (III.) Successful as Coco Chanel and other determined women 7,5 × 10,5 cm ■ 50 cards German retail price 7,99 € ISBN 978-3-8458-4994-2



Petra Braun (III.) Unique as Josephine Baker and other creative women 7,5 × 10,5 cm ■ 50 cards German retail price 7,99 € ISBN 978-3-8458-5061-0



Petra Braun (III.) Inspired as Marie Curie and other clever women 7,5 × 10,5 cm ■ 50 cards German retail price 7,99 € ISBN 978-3-8458-5062-7

Love yourselfe

as you are!

Put an end to self-optimization!

Inspiring tips and more impulses for more self-love and serenity



Melina Royer, Timon Royer, Anna Wassmer (Ill.) Why you don't have to be perfect. Your path to more lightness

128 pages • 15,4 × 21,5 cm German Retail Price: € 15,00 ISBN 978-3-8458-4988-1

> Wir lagen auf der Wiese und baumelten mit der Seele.

> > Kut Tucholsty

Life coaching, habit trackers, diets and constantly comparing yourself on social media? Put an end to it! The new book by Melina and Timon Royer reminds us that the path to happiness does not lie in self-optimization. With lightness and empathy, they encourage you to question the demands you make on yourself and to approach yourself with more self-compassion. With inspiring impulses, this book shows what effect authenticity, gratitude and deceleration have for a suc-cessful life full of ease. After all, who needs to be perfect when you have happy?

> Du *verlierst* nie deine Stärke.

Du *vergisst* nur manchmal, dass du sie hast.



Stelle das Glas an einen Ort, an dem as dir häufig im Auge failt. Unce Nas steht in der Küche auf dem Eastrach

Take life easy!

- Strength for every day: help to see life and yourself with a twinkle in your eye
- Life coaching and small reminders to go: bring lightness and happiness into your everyday life



50 MOTIVATIONSKÄRTCHEN

Anna Wassmer (III.) **50 motivational cards for more self-love** 51 pages • 7,2 × 10,3 cm German Retail Price: € 7,99 ISBN 978-3-8458-5279-9 12/2022



Anna Wassmer (III.) **50 motivational cards for good mood** 51 pages • 7,2 × 10,3 cm German Retail Price: € 7,99 ISBN 978-3-8458-5280-5 12/2022

Smile very day! These cards are a loving reminder to yourself: for more self-care, more self-confidence and inner strength. 50 motivational messages, sayings and positive affirmations bring you a little moment of power and joy whenever you need it, every day - for more motivation and self-confidence.



Just switch off!

- From the popular 99 series: interactive box with 50 cards full of funny inspirations
- Many different topics available!



Take an offline break! 51 pages • 7,5 × 10,5 cm • German Retail Price:€ 7,99 ISBN 978-3-8458-5284-3 01/2023



Take your time for a break 51 pages • 7,2 × 10,3 cm • German Retail Price:€ 7,99 ISBN 978-3-8458-5278-2 12/2022



What are you waiting for? 51 pages • 7,2 × 10,2 cm • German Retail Price: 7,99 ISBN 978-3-8458-5277-5 12/2022

The practical digital detox box in playing card format supports you with many great offline ideas: writing a diary by hand, walking through the city without a navigation system, using mental arithmetic instead of a calculator app - the possibilities for a life without digital aids are numerous and very easy to implement. Treat yourself to a break from information overload and internet stress every now and then: draw one of the 50 cards every day and bring more creativity, balance and deceleration into your everyday life with digital mindfulness!

The world around us is spinning faster and faster and we can often hardly keep up. Yet life is actually so beautiful. Especially when it's a little slower.

In this card box you will find 99 ideas for small and larger time-outs from your everyday life. Walk barefoot across a meadow, take a spontaneous trip to the sea, practice mindfulness and really let your soul dangle! Simply draw a card and be inspired to take some relaxing time out. A nice gift for favorite people who have earned a respite, or for anyone who wants to do something good for themselves. Count shooting stars, exchange romantic kisses on a Ferris wheel or take part in a wine hike - this card box gives 99 ideas from romantic to delightfully crazy that every couple should try once.

Grow even closer and make unforgettable memories together. Simply draw a card and be inspired. There are small and big adventures waiting for you to be experienced! A great gift for all couples - whether newly in love or long married.

A little less everyday and more happiness!

- From the popular 99 series: interactive booklet full of funny inspirations
- Ideal for on the go: The booklet in a practical format fits in any pocket, so that you always have the great ideas with you, for example, when you travel

How about spontaneously hosting a yard sale next weekend? Get a few friends on board and let's go! Maybe you'd like to get moving again? Try a free sport class in your area. Have a great time - for no money at all: it's easier than you think.

Get inspired by this color-ful mix of 99 creative suggestions. True to the motto: have fun and save money at the same time.





Experience beautiful moments for free 96 pages • 12,4 × 17,8 cm • German Retail Price: € 12,00 ISBN 978-3-8458-5296-6 01/2023

Freedom on wheels

- Slow travel is in vogue: travel consciously and sustainably for you and the environment
- Lovingly designed: charming, colorful illustrations



Elena Dangel, Bea Muller (III.) Freedom on two wheels! 80 pages • 12,4 × 18,1 cm German Retail Price: € 10,00 ISBN 978-3-8458-5310-9 04/2023



Anna Tiefenbacher, Bea Muller (Ill.) Off to the outdoor adventure! 80 pages • 12,4 × 18,1 cm German Retail Price: € 10,00 ISBN 978-3-8458-5311-6 04/2023

This book is a charming declaration of love to one of the greatest inventions of mankind and the most used means of transportation worldwide: the bicycle. Entertainingly and with a twinkle in her eye, author Elena Dangel tells of great experiences in the saddle and explains why it's worth leaving the car behind more often. A small, clever guide for more independence, deceleration and balance.



A charming, beautifully illustrated book for all those who love to cook outdoors, spontaneously move from place to place, enjoy the fresh air and thus slow down from the stress of everyday life. Amusing anecdotes and valuable tips from camping pro and vanlife expert Anna Tiefenbacher make the book an indispensable companion for all wildlife romantics.



Small rituals for more being outdoors!

- Give breathing space by the sea or at the mountains: bring more mindfulness and relaxation into lives
- Beautifully stowed away: easy for on the go



Come and sea 51 pages • 7,2 × 10,3 cm German Retail Price: € 7,99 ISBN 978-3-8458-5285-0 04/2023



Mountain Love 51 pages • 7,2 × 10,3 cm German Retail Price: € 7,99 ISBN 978-3-8458-5286-7 04/2023

With this card box you can always take a break from everyday life and escape to the sea - even if it's only in your mind. Because the days at the sea, always smell a bit of sunshine and happiness! These 50 mindfulness cards give inspiration from nature and encourage valuable breaks in everyday life through small mindfulness exercises.



Wisdom from the point of view of a cat

- Big-hearted house tigers help to find the small and big happiness
- Learn from cats to relax, enjoy life with all your senses, defend your boundaries and always take yourself seriously



Lea Melcher On quiet paws to happiness! 48 pages • 25,0 × 25,0 cm German Retail Price: € 15,00 ISBN 978-3-8458-4987-4

Cats understand life, they are simply calm and always seem as if they have everything under control. They do not let anyone tell them what to do and do not bend, always say loud and clear what they want and need.



A heart on four paws

The special dog book: valuable information, wonderful stories and new insights.

Many extras: with dog typology, beautiful quotes and many impulses that inspire reflection

Dogs are authentic, live in the here and now and love their friends (us humans) with all their faults. They see possibilities and no obstacles and enjoy life to the fullest. The journalist and dog trainer Sarah Klüß gives us these surprising aspects with a lot of feeling and a wink.

A lovingly designed book that gives all dog fans deeper insights into the soul life of the four-legged friend at their side and also illuminates their own humanity once again in a completely new way. The little dog philosophy is thus much more than just a guidebook about pets - it is a book about what we can learn from our best friends.





Little dog philosophy 128 pages • 17,5 × 19,5 cm German Retail Price: € 15,00 ISBN 978-3-8458-4754-2

Time

Let's party!

- The perfect gift for any party occasion
- Bestselling series: more than 1,1 Mio. copies sold in Germanys



Just between us. 50 profound questions 7,2 × 10,3 cm ■ 51 cards German retail price 7,99 € Age 16+ GTIN 4014489129561 12/2022



What does the future hold for you? 50 oracle questions 7,2 × 10,3 cm • 51 cards German retail price 7,99 € Age 16+ GTIN 4014489129578



Answer or cheers. 50 happy drinking questions 7,2 × 10,3 cm ■ 51 cards German retail price 7,99 € Age 16+ GTIN 4014489129547 12/2022



Speach or act. 50 truth-or-dare questions 7,2 × 10,3 cm ■ 51 cards German retail price 7,99 € Age 16+ GTIN 4014489129554

24 days of suspense for Advent

- Original Advent calendar: every day you can cut open a new chapter of full suspense
- Perfect gift idea for all crime fiction fans



Nina Brown, Marielle Enders (Ill.) His last wish 108 pages • 20,6 × 15,6 cm • German Retail Price: € 14,00 ISBN 978-3-8458-4919-5



Marion Solowski Twelfth Night murder 96 pages • 20,5 × 15,6 cm • German Retail Price: € 14,00 ISBN 978-3-8458-4924-9

Detective Inspector Bea Römer has just returned to her Franconian homeland when a skeletonized corpse is found in the border region between Franconia and Bohemia. The case quickly becomes personal, as the dead man is the father of a former school friend. Bea Römer and her Czech colleague Milan Svoboda investigate together and come across deadly inconsistencies on both sides of the border ... The old village inn is reopened - by the spirited Fanny Busch, whose family once had to leave the village. Fanny is as indifferent to this as she is to a dark prophecy about their return. She relies on the newcomers and has a plan: a Santa Claus with a golden book and gifts for the children, which he is to deliver festively on Epiphany Eve. On the evening of December 20, everyone is full of anticipation, but Santa Claus does not come - he is dead. A little later, the next villager dies. Fanny falls under suspicion. Only one, whom everyone thinks is the devil, wants to help her. But can she trust him? 18

Christmas

Turn over Advent

- Surprise effect against pre-Christmas stress
- Love wishes with surprise effect



Just chilling through Advent 25 pages • 7,5 × 10,5 cm German Retail Price: € 7,99 ISBN 978-3-8458-4935-5



Thinking of you in Advent 25 pages • 7,5 × 10,5 cm German Retail Price: € 7,99 ISBN 978-3-8458-4936-2



With Secret Santa through the Advent 25 pages • 7,5 × 10,5 cm German Retail Price: € 7,99 ISBN 978-3-8458-5124-2

So you come through the pre-Christmas period in a good mood and deeply relaxed! This Advent calendar box is perfect for all those who do not want to let the anticipation of the most beautiful holiday of the year be spoiled by unnecessary consumer ballast and celebration stress. So the pre-Christmas period makes really joy! This Advent calendar box is a nice gift for everyone to say in the run-up to Christmas: "You're great! For a fabulous Advent season, this little card box is just the thing for you. For yourself or for favorite people to whom you want to give love wishes in the run-up to Christmas.

Atmospheric through the Advent!

- Decorative gift advent calendar in opulent format
- Give the gift of Christmas spirit: this special decorative Advent calendar is a loving gift for anyone who loves it cozy



Glowing Advent 2 pages • 21,0 × 25,0 cm German Retail Price: € 12,00 GTIN 4014489129080

With this beautiful Advent calendar decoration with Scandinavian flair you can make it really cozy in the run-up to Christmas! The silhouette is reminiscent of a winter row of houses in Scandinavia, behind whose windows the light flickers atmospherically.



The gift for life

Includes more than 80 stories from the Bible retold in simple, accessible language

With beautiful illustrations from Sara Brezzi which bring the words to life



Sara Brezzi (III.), Nicola Cinquetti, Ilaria Mattioni My big children´s Bible 336 pages • 22,0 × 26,9 cm German Retail Price: € 32,00 Age: 5+ ISBN 978-3-8458-4652-1 01/2023 Discover some of the Bible's most beautiful stories from the Old and New Testaments, such as the Story of Creation, Adam und Eve, the Birth of Jesus. Featuring beautiful and imaginative illustration. It is perfect to read to oneself or aloud with the whole family.



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C. S. LOUDING





50 vision board cards for faith, love and hope 51 pages • 9,7 × 9,8 cm German Retail Price: € 10,00 GTIN 4014489130987



My first Communion album 48 pages • 26,5 × 20,0 cm German Retail Price: € 16,99 GTIN 4014489127567